

NALC Health Benefit Plan

37th National Health Benefit Seminar Registration

Coronado Springs Resort in Orlando, FL - Nov 2-5, 2025

Name:	
Title:	Branch #:
Street Address:	
City:	State & Zip:
Email*:	Phone #:
HBR for _____ Years (Pls give an estimate)	# of Seminars attended: _____

Seminar Registration Fee: \$200.00

Payable to the **NALC Health Benefit Plan**

The Registration fee must be included with your Registration form. (We cannot accept credit cards.)
The fee includes: Seminar Materials, Opening Reception, Breakfast & Lunch on Mon, Tues & Wed.

*Your Seminar Registration Confirmation will only be emailed.

You must provide an email address if you would like a Registration Confirmation.

Be aware that there will be no refund of your Registration fee if you cancel within 30 days of the Seminar. We must receive your cancellation request by October 1, 2025.

Lunch and Dietary Restrictions *(If nothing is marked you will receive the first option each day):*

Monday Lunch Choices (Choose 1): Turkey Croissant____ Roast Beef Ciabatta____
Vegetarian Mediterranean Salad____

Tuesday Lunch Choices (Choose 1): Ham & Salami Focaccia____ Chicken Caesar Wrap____
Veggie Wrap____

Dietary Restrictions: Gluten____ Vegetarian____

Guest Tickets:

*If you would like a Guest to attend the Opening Reception on Sunday a ticket must be purchased.
Payment must be included with your Registration form. A Guest ticket cost is **\$175.00 per Guest**.*

_____ **# of Guest tickets**

Mail Registration form and check to:

**NALC Health Benefit Plan
2025 Seminar Registration
PO Box 6
Ashburn, VA 20146**