

# NALC Health Benefit Plan Seminar 2025

**SAVE THE DATE: November 2 - November 5, 2025**

The 37th National Health Benefit Seminar will be held at the **Disney Coronado Springs Resort** in Orlando, FL.

## Reservations

The NALC HBP Seminar will be held at the Disney Coronado Springs Resort. The room rate is \$249 plus tax, per room, per night for the Standard / Preferred Run of the House Room, Single/Double occupancy. An additional person (18 or older) is \$25 per person per night.

Reservations can be made through the Disney Group Reservations Phone Team by calling (407) 939-4686 and mentioning the NALC Health Benefit Plan Seminar 2025 or by using the group's online booking website: <https://mydisneygroup.com/nalc2025/>

Please be aware that the rate guarantee cutoff for room reservations is **September 28, 2025**.



## Airport Transportation

Walt Disney World ended the Magical Express airport shuttle service; therefore, there is no complimentary transportation between the resort and the airport. There is a paid bus service available. Go to: [www.mearsconnect.com](http://www.mearsconnect.com) for more information. An additional transportation option would be Uber or Lyft.

## Transportation to Parks

Disney provides guests regularly scheduled complimentary transportation between the Hotel and various Walt Disney World® Resort theme parks and other selected locations. This includes Disney Springs, with over 150 shopping, dining and entertainment venues, featuring some of the world's most iconic brands and restaurants.

### **IMPORTANT CHANGES TO THE SEMINAR SCHEDULE**

Please note the following revisions to the schedule that may affect your travel arrangements:

- There will be a Larger Opening Reception on Sunday
- The conference will now conclude on Wednesday after Training (there will not be a Closing Reception)

# NALC Health Benefit Plan

## 37th National Health Benefit Seminar Registration

Coronado Springs Resort in Orlando, FL - Nov 2-5, 2025

|                                            |                               |
|--------------------------------------------|-------------------------------|
| Name:                                      |                               |
| Title:                                     | Branch #:                     |
| Street Address:                            |                               |
| City:                                      | State & Zip:                  |
| Email*:                                    | Phone #:                      |
| HBR for _____ Years (Pls give an estimate) | # of Seminars attended: _____ |

### Seminar Registration Fee: \$200.00

Payable to the **NALC Health Benefit Plan**

The Registration fee must be included with your Registration form. (We cannot accept credit cards.)  
The fee includes: Seminar Materials, Opening Reception, Breakfast & Lunch on Mon, Tues & Wed.

\*Your Seminar Registration Confirmation will only be emailed.

You must provide an email address if you would like a Registration Confirmation.

Be aware that there will be no refund of your Registration fee if you cancel within 30 days of the Seminar. We must receive your cancellation request by October 1, 2025.

#### **Lunch and Dietary Restrictions** (If nothing is marked you will receive the first option each day):

**Monday** Lunch Choices (Choose 1): Turkey Croissant\_\_\_\_ Roast Beef Ciabatta\_\_\_\_  
Vegetarian Mediterranean Salad\_\_\_\_

**Tuesday** Lunch Choices (Choose 1): Ham & Salami Focaccia\_\_\_\_ Chicken Caesar Wrap\_\_\_\_  
Veggie Wrap\_\_\_\_

Dietary Restrictions: Gluten\_\_\_\_ Vegetarian\_\_\_\_

#### **Guest Tickets:**

If you would like a Guest to attend the Opening Reception on Sunday a ticket must be purchased.  
Payment must be included with your Registration form. A Guest ticket cost is **\$175.00 per Guest**.

\_\_\_\_\_ **# of Guest tickets**

**Mail Registration form and check to:**

**NALC Health Benefit Plan  
2025 Seminar Registration  
PO Box 6  
Ashburn, VA 20146**