



NALC

Health Benefit Plan

IMPORTANT

All changes to enrollment records must be completed through your employing office or OPM including mailing address, phone number, email address, Social Security number, date of birth, and full legal name.





To make changes:

Active employees can call HRSSC at 877-477-3273 or go to <https://liteblue.usps.gov>.

Retirees can call the Retirement Information Office at 888-767-6738.